

ClearRock

Leading for Impact

The emotional wellbeing of employees is a top concern for organizations in our current environment. Never has there been a greater need for leaders to be at their best. They are called to make courageous decisions while communicating with calm, candor, and compassion.

In this program, leaders will work with a trusted coach to explore how their emotions influence the way they perceive and express themselves, develop and maintain interpersonal relationships, make decisions and manage stress. They will deepen their emotional intelligence, which will allow them to think, feel and act with greater self-awareness and organizational impact.

Objectives

- Gain meaningful insights through assessment and feedback
- Identify strengths, blind spots and potential derailers
- Implement and refine strategies for immediate action and advancement

Process

- 6 Zoom coaching meetings
- EQ-i 2.0[®] emotional intelligence assessment

