

ClearRock

The Intentional Leader

Designed for groups of up to 8-12 people, our Leadership Development Program leverages experiential learning, behavioral theory, and coaching principles to help participants increase self-awareness, enhance communication skills and strengthen emotional intelligence in order to lead with greater intentionality and impact. The program is delivered virtually over six months and includes a self-rated assessment, facilitated group learning modules, one-on-one coaching, and an online hub to maximize learning.



Alignment and Data Gathering

A kick-off meeting is held with participants, leadership, and ClearRock coaches. After the meeting and prior to the first facilitated group module, a behavioral assessment and emotional intelligence assessment are administered, and each participant receives 1:1 feedback from their coach.



Facilitated Group Learning Modules

Module 1: Understanding Self / Leverage a behavioral assessment to improve self-awareness and explore how behavioral needs impact others and influence leadership style.

Module 2: Leading Self / Learn how one's emotional intelligence, resilience, and mindfulness impact leadership effectiveness.

Module 3: Communicating Effectively / Enhance communication practices that drive understanding and collaboration.

Module 4: Leading Teams / Discover best practices for building high-performing and engaged teams.

Module 5: Leadership Brand / Learn what separates leaders from managers and how to lead with authenticity and inspire others.

Module 6: Putting it into Action / Deliver a presentation that outlines professional goals, action steps, and outcomes.



Monthly Coaching Sessions

One-on-one coaching to provide feedback on assessments and after each module will help to pull through the learnings and apply them in the current environment to increase individual and organizational impact.



Learning Hub

A customized online hub where participants can access all assessments, module pre-work, and additional resources.



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