

Vogt 2.0 Leadership Development Program KICK OFF A partnership between TBC and ClearRock





Congratulations! You are embarking on a journey to take your leadership skills to the next level.



The Plan for the Day

- ClearRock and Susan Vogt
- Program outline
- Predictive Index Assessment
- Lunch
- Icebreaker
- Program details
- Your goals
- Contacts and what's next
- Closing activity









About ClearRock



We are talent consultants with 20+ years of helping organizations elevate performance and unlock potential in people



Industry experience includes life sciences, higher ed, healthcare, financial services, and technology



Certified Women Business Enterprise committed to advancing diversity, equity, inclusion, and belonging



High caliber team that goes above and beyond



Our values: We care. We are here to help. We are easy to work with. We get results.



About the Susan Vogt Leadership Development Program

- The Susan Vogt Leadership Development Program honors the remarkable work and spirit of Susan Vogt
- Vice President of Finance and Treasurer at Wellesley College from 2000 to 2003.
- The program carries on her legacy by connecting, developing, and supporting emerging leaders from TBC's member institutions.
- The program seeks to increase awareness of the Consortium's values and activities at the grassroots level, connect and engage practitioners in meaningful dialogue, and foster collaboration and camaraderie in the next generation of leaders.
- There have been 16 cohorts since the program's inception in 2003 with a total of 243 fellows.
- We are fortunate to have Mark Braun, who helped develop the original and 2.0 program, continue
 as a facilitator.



Program Components



Learning Hub

(Customized online hub to access pre/post work)



Monthly Facilitated Learning Modules

(Interactive virtual group sessions)



Monthly Group Coaching Sessions

Assessment and Two One-on-One Meetings

(To reinforce learnings and share experience)

Program commitments equate to approximately 4 hours per month.



Learning Hub



- Pre-Work and Self-Reflection /Post-Work
- Module Overview Handouts
- Zoom Links



Facilitated Group Modules

Module 1: Understanding Self

Leverage the PIBA to increase self-awareness and explore how behaviors/needs impact others and influence leadership style

Module 2: Leading Self

Learn how one's emotional intelligence, ability to influence, resilience, and mindfulness impact leadership effectiveness

Module 3: Communicating Effectively

Enhance communication practices that drive understanding and collaboration

Module 4: Leading Teams

Discover best practices for building and maintaining high-performing and engaged teams

Module 5: Your Leadership Brand

Learn what separates leaders from managers and how to lead with authenticity and inspire others

Module 6: Putting it into Action

Deliver a presentation that outlines professional goals, action steps, and outcomes



Group Coaching Sessions + One-on-One Meetings

Group Coaching will help:

- Pull through the program learnings
- Provide support, encouragement and motivation to achieve your goals
- Use the group's wisdom to lead each other to draw out your own solutions and strategies
- Deepen relationships between team members

2 One-on-One Meetings:

- Meet with ClearRock Consultant to debrief PI BA
- Meet Kitty Kennedy to discuss collaboration with TBC, program feedback, career trajectory and/or final presentation



Evaluations



Self-Assessment

The Predictive Index (PI) Behavioral Assessment measures the motivations and drives of individuals in the workplace.

There are four factors measured:

- Dominance: The drive to exert influence and control over people and events
- Extroversion: The drive for social interaction
- Patience: The drive for consistency and familiarity
- Formality: The drive for rules and structure

Debrief with ClearRock Consultant





Questions?





Completing Your Assessment

Take the Predictive Index Behavioral Assessment. The online assessment takes 5-8 minutes to complete.

When you meet with your ClearRock consultant, they will share your results via Zoom during the readback and then send you your report.

Note: Your results may be shared with program participants.

TBC is the license holder of the software and the data, ClearRock will have 3rd party access for the purposes of this program.

After you've completed the assessment, go grab lunch!





Lunch



Ice Breaker





Best practices for learning







Sort

Unlearn

Apply



How to get the most out of this program



Be Grounded in your purpose – embrace the process



Complete pre/post work as assigned in the Learning Hub



Attend every module and group coaching session – do not rely on recordings



Be fully present (via Zoom) with cameras on and phones silenced; notify Jessica and Mark if you are not able to make it



Add value to the group by engaging and sharing – <u>each of you</u> is an important part of the learning experience for each other



Share your learnings with your manager



Share your feedback with us and TBC





Module Overviews

The Intentional Leader

Module 1: Understanding Self

Learning Objectives

- 1. Explore why people behave the way they do
- 2. Learn a framework to measure drives and predict behaviors
- 3. Leverage the Predictive Index® Behavioral Assessment to increase awareness of self and better understand the workstyles of others
- 4. Learn how your natural behavioral style impacts how you show up at work

The Predictive Index Behavioral Assessment (PIBA)



As humans, we are a product of the combination of our DNA, our values, and our lived and learned experiences.

Each of us brings our whole self to work, and a simple model to represent this is the Head, Heart, and Briefcase model. The briefcase represents an individual's knowledge, skills, and experience, typically the information that is gleaned through a person's resume. The heart represents their values, ethics, and passion for the work, industry and/or mission. And the head represents a person's behaviors, cognitive abilities, and emotional intelligence.

The PIBA provides insights on the behaviors and drives of an individual. The assessment is an untimed, free-choice, stimulus-response that is scientifically valid for hiring and talent development.

It is built on the premise that drives create needs and those needs result in behaviors. If you can measure what drives someone, you can predict their

The PIBA measures 4 drives:

- . Dominance, the A Drive the drive to exert influence and control over people and events
 - People with high A drives need independence and control and may come across as autonomous and venturesome
 - People with low A drives need team recognition, harmony and may come across as cooperative and collaborative.
- . Extroversion, the B drive the drive for social interaction
 - People with high B drives need opportunities to interact and to talk things through and may come across as outgoing and people-oriented.
 - o People with low B drives need room for introspection and time to trust and may come across as matter-of-fact and task-oriented
- . Patience, the C drive the drive for consistency and stability
 - People with high C drives need long-term affiliation and freedom from changing priorities and may come across as patient and stable
 - o People with low C drives need variety and opportunities to work at a fast pace and may come across as intense and driving.
- . Formality, the D drive the drive for rules and structure
 - People with high D drives need clear expectations and an understanding of rules and regulations and may come across as diligent and precise.
 - People with low D drives need flexibility and the ability to delegate details and may come across as informal and adaptable

While these four drives, or "factors," are predictive of behaviors in the workplace, additional context should always be considered.

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The Intentional Leader

Module 2: Leading Self

Learning Objectives

- > Understand how and why the way we experience and show up in the present is influenced by our
- Learn how self-reflection can help to define your future.
- > Identify your barriers to leading yourself and how you can overcome them.
- > Gain familiarity with the brain and how to avoid emotional "short-circuits."
- > Learn strategies for resilience and how mindset influences your outcomes.

Present-Day You

We all arrive at our collective thought processes through our DNA and our lived experiences - this creates momentum and normality. If we don't challenge ourselves by expanding and diversifying our experiences, we'll continue to look at things the same way.

Positive Psychology and Internal Saboteurs

Shirzad Chamine, of Stanford University introduced a concept called Positive Intelligence.



Shirzad says that we develop "guardians" (saboteurs) early in life to help us survive the real and imagined threats to our physical and emotional survival as children. Patterns of thinking, feeling, and reacting (our "guardians") become soft-coded in our brain through neural pathways (become our "beliefs") which, as adults, cause us to get "hijacked" by unhelpful thought patterns. These guardians later become "saboteurs" (E.g., previous hypervigilance becomes persistent distrust of others later in life). For example, if you grew up in a household with an angry, reactive parent, you may have avoided danger by avoiding him or her. That avoidant pattern got encoded in your brain, and now, as an adult, you default to avoidance whenever you find yourself in a difficult interaction.

We can train ourselves to recognize these triggers and redirect our brains to engage in more positive patterns of thinking (sages).

Growth Mindset vs Fixed Mindset

You may be familiar with Carol Dweck's work on Growth and Fixed Mindsets

There are two main mindsets we can navigate life with: growth and fixed. Having a growth mindset is essential for success. The growth mindset is based on the belief that your basic qualities are things you can cultivate through your efforts. The fixed mindset is if you believe your qualities are unchangeable - you will want to prove yourself correct over and over rather than learning from your mistakes. Changing our beliefs can have a powerful impact. The growth mindset creates a powerful passion for learning, "Why waste time proving over and over how great you are," Dweck writes, "when you could be getting better?"

"Between stimulus and response, there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom." -Victor Frankl

Strategies to avoid the "short route" and take the long route when it comes to our responses:

- · Name it to tame it
- Practice mindfulness
- · Reframe the situation
- TIP the scale

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Module 3: Effective Communication

The single biggest problem in communication is the illusion that it has taken place."

Learning Objectives

- 1. Learn the components of effective communication
- 2. Discuss the Ladder of Inference and practice with this model
- 3. Discover how to overcome the root causes of difficult conversations
- 4. Learn how to make meaningful requests and commitments

Effective Communication:

- · The Three Cs: Clear, concise, consistent
- · Consideration of audience: Who are they? What do they want? What motivates them? What is
- the most effective form of communication for them? Consider your behavioral style and yours.
- The 7-38-55 Rule:
 - 7% of meaning is communicated through spoken word
 - 38% is through tone of voice
 - 55% percent through body language
- . Active listening: Effective communication is two-way. Listen with openness and curiosity stay out of judgment. When people feel heard and not judged, it fosters connection and engagement. Key actions you can take:
 - Removing any distractions, especially phones
 - Trying not to interrupt, asking open-ended questions when in break
 - Focusing on the present moment, asking the other if you miss the details
 - Don't be afraid of silence; both can use those moments to think and have a more thoughtful conversation
- Handling difficult conversations: At the root of difficult conversations lies fear, judgment, anger, and assumptions. There are ways to have productive conversations even when there is no agreement about the subject.

The Ladder of Inference:

Example: Someone steals the parking space you were waiting for.



Assign Assumptions: Conclusions: Adjusted beliefs: last time let someon serve important? Put in his place important?

What if you knew the guy's wife was in labor and needed to pick her up and take her to the hospital?

To Climb down the ladder: Know the difference between assertions and assessments



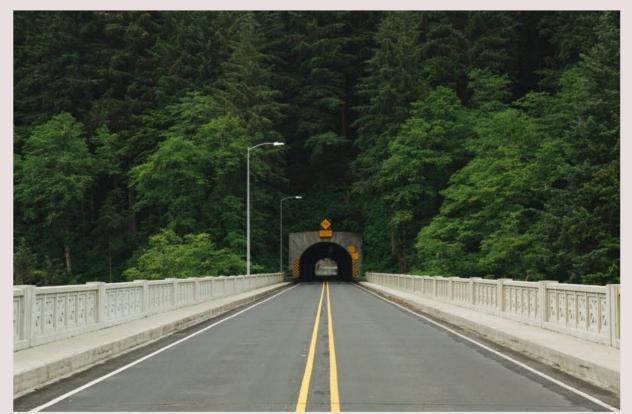


Hub Demo



The Boston Consortium for Higher Education Alignment and Kick Off

<u>Susan Vogt Leadership Development Program 2.0</u>





Alignment and Kick Off Sep 21, 11am-3pm EST

A journey of a thousand miles begins with a simple step.

– Lao Tzu







What are you hoping to get out of this program:

- > Develop and build skills to lead self and have a positive impact on others.
- > Increase self-awareness and learn ways to connect with others.
- Communicate effectively to have an impact and influence others!
- Gain the confidence to present your best self with credibility.
- > Engage in this work within a community to network and learn from others!

Who does what?

Parul Saraswat - ClearRock

- Calendar invites to modules and group coaching sessions
- Hub management

Jessica/Mark – ClearRock/BU

- > Program design and facilitation of modules and group coaching sessions
- Communication with fellows
- > Jessica (and other CR team members) will do PI debriefs

Kitty/Jessica S/Jessica M - TBC

- Review SurveyMonkey evaluations after sessions
- One-on-one meetings (with Kitty)
- Communication with plan sponsors and guest speakers



Questions and Observations





Recap of what's next

- 1. Complete pre-work: Prior to Module 1, click on Module 1 to access the pre-work.
- 2. Respond to email regarding your PI BA readback: Jessica, Laura, or Dani will send you an email to schedule your readback ahead of Module 1.

Mark Braun: mbraun@bu.edu

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Vogt LD 2.0 Contacts

- President of ClearRock: Laura Poisson: lpoisson@clearrock.com
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What is one way you will support our community?



ClearRack

