



Nirva Mentor

Senior Career Consultant

As a Senior Career Consultant at ClearRock, Nirva Mentor partners with professionals across industries to help them navigate career transitions with confidence. She provides one-on-one consulting, resume and LinkedIn optimization, interview preparation, job search strategy, and career guidance tailored to each individual's unique goals. Her focus is helping individuals identify their strengths, communicate their value, and develop a clear action plan that leads to meaningful career opportunities.

With over a decade of experience in talent acquisition, recruiting, and career coaching, Nirva brings a unique perspective from both sides of the hiring process. Having recruited for organizations ranging from Fortune 500 companies to high-growth startups, she has reviewed thousands of resumes, conducted countless interviews, and partnered with leaders to identify exceptional talent. Her superpower is helping people recognize the value they already possess and translating their experiences into compelling career stories that resonate with employers. She is known for her ability to build trust quickly, ask thoughtful questions, and provide practical, actionable guidance that helps clients gain confidence throughout their job search.

Prior to joining ClearRock, Nirva built her career in talent acquisition supporting organizations across energy, retail, technology, and consulting. She has held recruiting and talent acquisition roles with companies where she partnered with hiring managers to attract and hire top talent across technical, corporate, and leadership positions. Alongside her recruiting career, she founded Mentored to Success, a career coaching practice dedicated to helping professionals align their careers with their personal values and long-term goals.

Nirva holds an MBA and a bachelor's degree in Developmental Psychology. She is an Associate Certified Coach (ACC) through the International Coaching Federation (ICF) and currently serves on the Board of Directors for ICF New England as Vice President of Volunteering. She is passionate about lifelong learning and continually expanding her knowledge of leadership development, coaching, talent strategy, and career development to better support the individuals she serves.

Outside of consulting and coaching, Nirva enjoys creating experiences that bring people together. She is the founder of Mobile Serves by Nirvs, a mobile beverage catering business specializing in beverage experiences for events. She also loves traveling, discovering new restaurants and coffee shops, spending time with family and friends, and exploring ways to grow both personally and professionally.